

Helping those less fortunate than ourselves is one of the mandates of the Association “Entorno de Paz”. We fulfil this activity through our collaboration with the voluntary, non-profit association founded by **Lama Gangchen: “Help in Action” (Kiurok Tsochun) Through Help in Action.**

Entorno de Paz promotes:

- Long-distance Adoptions in Tibet and Nepal of children, elderly people, monks and disabled people.
- Construction and maintenance of schools, clinics and monasteries.
- Construction of infrastructure – aquaducts and agricultural developments
- Recovery of traditional Tibetan medicine and crafts

### **What is Help in Action – Kiurok Tsochun?**

Help in Action is a voluntary non-profit association founded by Lama Gangchen Rimpoche to create a positive exchange of knowledge and humanitarian aid with less-favoured countries in the Far East. The Tibetan name of the Association, “Kiurok Tsochun”, means help for the poorest and most forgotten.□

The Association - run entirely by volunteers - has been active since 1992. It offers long distance adoptions and humanitarian aid projects including the provision of basic infrastructures. **Further information** For more information about these projects, visit the Help in Action website. [www.helpinaction.net](http://www.helpinaction.net)

### **Can you Help?**

If you would like to sponsor a child, or perhaps an ill, handicapped old person, or a monk/nun, you can do so directly through the Help in Action website, or by contacting [entornod epaz@yahoo.es](mailto:entornod epaz@yahoo.es)

**Thank you for your help!**